

City of San Diego Park and Recreation Department [www.sandiego.gov](http://www.sandiego.gov)

# San Carlos Recreation Center

6445 Lake Badin Avenue

San Diego, CA 92119 (619) 527-3443

## Fall Program 2006

### Hours of Operation

Monday 1- 7:45pm.  
T-Wed-Th 2- 8:45 pm..  
Friday 1-6:45pm  
Saturday 9am- 2:45pm.  
Sunday Closed

### Center Closed

Sept. 4 Labor Day  
Nov. 10 Veterans' Day  
Nov. 23 Thanksgiving Day

*Hours of operation are subject to change*

### Registration

Register for Fall activities during hours of operation. Fees payable by check, money order, or *exact* cash. Make checks payable to SCRC. Low income fee waivers available. Contact the office at (619) 527-3443 for more information. Non-City of San Diego residents may be required to pay additional fees.

*"We Enrich Lives  
Through Quality Parks And  
Programs"*



### Halloween Carnival

San Carlos Recreation Center's annual Halloween Carnival will be on Friday, October 27 from 6-8:30 pm. Tickets are 10 cents each. There will be games, prizes and a costume contest. Pizza is \$1.00 a slice and a soda is 50 cents.

### Winter Day Camp

There will be two sessions during winter vacation. The 1st session is Dec. 18-22, the 2nd session is Dec 26-29. Session I is \$90.00 and session II is \$80.00.

### Winter Youth Basketball

Sign-ups begin Sept. 25th and end Nov. 16th. See the back page for more information.

### Pee Wee Sports and Multi Sports

Registration is on Monday September 25, 2006. Center opens at 1pm.

### San Carlos Recreation Center Staff

Rosemary Billburg	CDII	
Farzad Fana	RLI	
Patrice Yagen	RLI	Larry
Nenna	RLI	
Ronnie Bennett	GMWII	
Ron Richard		GMWII

Class	Day	Time	Age	Cost	Start	End	Instructor
<b>Preschool</b>							
Pre-Ballet	Monday	3:30-4:15 p.m.	3-5 yrs	\$35 \$29 \$23	10/2-10/30 11/6-11/27 12/4-12/18	5 weeks 4 weeks 3 weeks	L.Hesketh`
Crafts	Wednesday	3:30-5:00 p.m.	3-5 yrs	\$0.50	9/27-12/13	12 weeks	P. Yagen
Music/Rhythm	Tuesday	4:00-4:30 p.m.	1-3 yrs	\$20 \$20	9/26-11/7 11/14-12/19	6 weeks 6 weeks	Tiffany
Intro to Dance	Tuesday	3:30-4:00 p.m.	2 1/2-3 yrs	\$20 \$20	9/26-11/17 11/14-12/19	6 weeks 6 weeks	Tiffany
Pee Wee Sports**	Thursday	3:30-4:30 p.m.	4-5 yrs	\$15	9/28-12/7	10 weeks	F. Fana
Beginning Tap Dance***	Wednesday	3:00-3:45 p.m.	4-5 yrs	\$35	9/20-1/17	14 weeks	Katie
Tumbling	Friday	3:15-4:00 p.m.	3-5 yrs	\$29 \$23 \$35	9/8-9/29 10/6-10/20 11/3-12/15	4 weeks 3 weeks 5 weeks	J. Grimaldi L. Hesketh
<b>Youth</b>							
Art Enrichment	Friday	4:00-5:00 p.m.	7-12 yrs	\$43 \$50	9/15-10/13 11/3,11/17, 12/1-12/22	5 weeks 6 weeks	P. Quirk
Ballet	Monday	5:00-6:00 p.m.	6-12 yrs	\$35 \$29 \$23	10/2-10/30 11/6-11/27 12/4-12/18	5 weeks 4 weeks 3 weeks	L. Hesketh
Crafts	Wednesday	3:00-4:30 p.m.	6-12 yrs	\$0.50	9/27-12/13	12 weeks	P. Yagen
Ceramics	Wednesday	5:00-6:00 p.m.	6-12 yrs	\$1,\$3,\$5/ piece	9/27-12/13	12 weeks	P. Yagen
Gymnastics	Friday	4:00-5:00 p.m.	6-12 yrs	\$29 \$23 \$35	9/8-9/29 10/6-10/20 11/3-12/15	4 weeks 3 weeks 5 weeks	J. Grimaldi L. Hesketh
Multi Sports**	Tuesday	3:30-4:30 p.m..	6-8 yrs	\$15	9/26-12/5	10 weeks	F. Fana
Parents Night Out*	Friday	5:30- 8:45 p.m.	6-12 yrs	\$5	9/8, 10/13, 11/3, 12/8	Once a month	F. Fana & P. Yagen
Ballet ***	Wednesday	5:15-6:00 p.m.	6-17 yrs	\$35	9/20-1/17	14 weeks	Tiffany
Jazz Dance ***	Wednesday	4:30-5:15 p.m.	6-17 yrs	\$35	9/20-1/17	14 weeks	Tiffany
Tap Dance ***	Wednesday	3:45-4:30 p.m.	6-17 yrs	\$35	9/20-1/17	14 weeks	Katie
Beginning Irish Dance***	Wednesday	6:00-6:45 p.m.	6-17 yrs	\$35	9/20-1/17	14 weeks	Katie

\*\*\* Registration for city dance classes is on *September 20, 2006*. Classes begin on *September 27, 2006*.

\*Parents Night Out will be on the *1<sup>st</sup> Friday in November*. Parents Night Out on 12/8 will be from 5:30 to 9:45.

\*\*Registration for Pee Wee Sports and Multi Sports is on *Monday, September 25, 2006 at 1:00*.

Class	Day	Time	Age	Cost	Start	End	Instructor
<b>Teen</b>							
Int. Ballet ***	Wednesday	3:00-3:45	8-17	\$35	9/20-1/17	14 weeks	Dance staff
Beg. Jazz Dance***	Wednesday	4:30-5:15 p.m.	6-17yrs	\$35	9/20-1/17	14 weeks	Dance staff
Beg. Tap Dance***	Wednesday	3:45-4:30 p.m.	6-17yrs	\$35	9/20-1/17	14 weeks	Dance staff
Ceramics	Wednesday	5:00-6:00 p.m.	6-17 yrs	\$1,\$3,\$5 /piece	9/27-12/13	12 weeks	P. Yagen
Art Enrichment	Friday	4:00-5:00 p.m.	7-17 yrs	\$43 \$50	9/15-10/13 11/3,11/17, 12/1-12/22	5 weeks 6 weeks	P. Quirk
<b>Adults 18+</b>							
Body Fitness	MWTh	7:30- 9:00 a.m.	55&up	Free	9/7-1/19	Weekly	K. Thesing
Body Fitness	MTWTh	9:00-10:30 a.m.	55&up	Free	9/7-1/19	Weekly	Robertson
TOPS	Monday	6:00-7:30 p.m.	Adults		Ongoing	Weekly	
Fly Fishing	Thursday	6:30-8:30 p.m.	18 & up		ongoing	Weekly	

### ***America's Youth Outreach Program Karate Classes***

New students                      6:00 - 6:40 p.m.                      Cost: \$7.00 per class  
 Ages 5-7 yr (yellow belts)      6:45 - 7:25 p.m.                      For more information  
 9&up                                  7:30 - 8:10 p.m.                      Phone: (619) 282-3066  
 Classes begin September 14. Sign up with instructor at beginning of class.

Lake Murray is open seven days a week for walking, jogging, & picnicking. There is a Wednesday, Saturday, and Sunday schedule for boating & fishing open from sunrise to sunset. Concession services are available that include boat rentals, sale of licenses, permits, food, beverages, bait & tackle. No alcohol is permitted at this lake. Dogs are allowed at all City lakes but they must be kept on a leash & 50 feet away from the water. Dogs are not allowed on any boats. A detailed recorded message on current activities is available at 619- 465-3474

### **LAKE MURRAY TENNIS CLUB**

Located at 7003 Murray Park Drive, has ten lighted courts, a modest club house with a shower, two restrooms, and a pro shop. Hours of operation are: Monday-Thursday 8:00 am to 9:00 pm, Friday 8:00 am to 8:00 pm., Saturday & Sunday 7:00 am to 8:00 pm. Family, couples, singles, & junior memberships are available. There is a nominal daily fee for non-club members. Courts may be reserved in advance. For more information call (619) 469-3232.

As a recipient of federal funds, the city of San Diego does not discriminate against anyone on the basis of race, color, gender, religion, national origin, age, mental or physical disability. If anyone believes he or she has been discriminated against, he or she may file a complaint alleging the discrimination with either the City of San Diego Park and Recreation Department (619) 685-1310 or the District Manager (619) 685-1307. This information is available in alternative formats upon request.

## Winter Youth Basketball

Registration begins September 25 and ends November 16. Draft Day is Saturday, November 18. League play begins the first week in January. Play age as of March 16, 2006. Cost \$50.00

<u>Age:</u>	<u>Draft Time</u>	<u>League Play Begins:</u>
6-8 Year Olds	No Draft	Saturday....January 6
8-10 Year Olds	10:00 a.m.	Saturday....January 6
11-12 Year Olds	12:00 p.m.	Tuesday....January 2
13-14 Year Olds	2:00 p.m.	Wednesday..January 3

Birth Certificates are required. Coaches are needed. Inquire in office for more information. League Director is Farzad Fana (619) 527-3443.

**Sign Up A.S.A.P.  
For  
Flag Football  
Ages 8-14**

Fee: \$15 for season

**COACHES NEEDED**



### Community Information

Allied Gardens Swimming Pool	235-1143
Allied Gardens Recreation Center	235-1129
Lake Murray Boat Rental/Fishing	668-2050
Lake Murray Tennis Club	469-3232
Mission Trails Regional Park	668-3275
Navajo Community Service	668-2700
Police Storefront	287-7787
San Carlos Area Council	462-1408
San Carlos Library	527-3430

**Volleyball Clinics** for boys in grades 5th-9th held on Wednesday nights from 6:30-8:30 p.m. from September 20 through November 15.

### Halloween Carnival Costume Contest Times:

Ages:	1-2	6:30 p.m.
	3-4	6:45 p.m.
	5-6	7:00 p.m.
	7-8	7:15 p.m.
	Late arrivals	7:30 p.m.

**Irish Dance:** Wednesday. 6:00 p.m. Ages 6-17. Cost:\$35.00. Classes begin 9/27-1/17. *Must have 1 year of tap. Registration for classes is on 9/20 with dance instructors at time of class or beginning at 3:00*



***COACHES*** are needed for FLAG FOOTBALL and BASKETBALL.